



TO: All VIC Chairs and COVID-19 Club Coordinators
FROM: Gareth Hogan, General Manager Operations
RE: VIC Health Update – Lockdown restrictions
DATE: 3.00pm – 16 July 2021

Dear Chairs and COVID-19 Coordinators,

As Victoria's outbreak continues to grow, new changes have been introduced to slow the spread of COVID-19 by reducing the number of people leaving their homes and moving around Victoria from **11.59pm Thursday 15 July until 11.59pm Tuesday 20 July 2021**.

- This means that you cannot leave your home other than for one of the five following reasons:
 - Shopping for necessary goods and services
 - Care and caregiving, including medical care or to get a COVID-19 test
 - Exercise (within 5km of your home only)
 - Authorised work and permitted study
 - To get a COVID-19 vaccination
- Face masks must be worn indoors and outdoors whenever you leave your home
- Gyms, pools, community centres, entertainment venues and libraries will all be closed
 - Recreational activities that require the use of a facility will not be allowed.

To read the full list of restrictions: [CLICK HERE](#)

To view a list of exposure sites: [CLICK HERE](#)

Please stay safe during these times and remember to check into all venues for contact tracing purposes.

If you have any queries, please do not hesitate to contact me directly on 0436 481 485.

Kind regards

A handwritten signature in black ink, appearing to read 'Gareth Hogan'.

Gareth Hogan
General Manager Operations
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