

**TO:** Special Olympics NSW Community

**FROM:** Gareth Hogan, General Manager Operations & Peter Langthorne, NSW State Chair

**RE:** NSW Health Update – Further easing of restrictions from Monday 18 October

**DATE:** 12.00pm – 18 October 2021

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Dear SO NSW Community,

Starting today, restrictions have eased further after NSW hit the 80% (aged 16 and over) double-dose vaccination target. These new rules are in place for **fully vaccinated** people in NSW. You are fully vaccinated if you have had 2 doses of an approved COVID-19 vaccination or you have a medical exemption ( a medical contraindication certificate or a medical clearance form).

Children under 16 years of age who are **not fully vaccinated** can generally follow the rules for fully vaccinated people as long as they visit certain businesses with a fully vaccinated member of your household.

You are not fully vaccinated if you have had:

- Only 1 dose of an approved COVID-19 vaccination or
- No doses of an approved COVID-19 vaccination

Eased restrictions include:

- MASKS (all people over the age of 12 must wear a face mask)
  - In indoor areas (e.g. while shopping, in a library)
  - In indoor areas of common property of apartment buildings
  - At a public transport waiting area
  - While on public transport
  - On an aircraft when the aircraft is flying above NSW and in the airport
  - More information on Face mask rules: click [HERE](#)
- COVID-19 SAFE CHECK IN
  - Occupiers of premises are required to continue to take reasonable steps to ensure people can check-in or provide their contact details when they enter a premises
  - If you are entering a premises where check-in is required, you must:
    - Check in with the Service.NSW [app](#)
    - Provide your details to the occupier of the premises
- VACCINATION EVIDENCE
  - Vaccination evidence includes:
    - An online immunisation history statement
    - A COVID-19 digital certificate from the [Australian immunisation register](#)
    - Presenting your COVID-19 digital certificate via the Service.NSW [app](#)
    - A medical exemption
  - A person who is required to be fully vaccinated to enter a premises must:
    - Carry their vaccination evidence
    - Produce the evidence if requested to do so by a police officer or authorised officer.

- If you are required to be fully vaccinated to enter a premises, you may be asked to produce your vaccination evidence by the occupier. We encourage you to comply with an occupier's request.
- **Please note that the providing your vaccination evidence to a venue is the athlete / parent / carer's responsibility and not the coaches / volunteers or Special Olympics Australia's.**
- SPORT AND EXERCISE
  - **Outdoor activities**
    - Fully vaccinated adults (aged 16 years and over), children under the age of 16, and people who have been issued with a medical contraindication certification compliant with the Public Health Order:
      - The maximum number of people for a *COVID-19 safe outdoor public gathering* is **200 people**. Activity organisers must have an 'Outdoor events' [COVID-19 Safety Plan](#) in place.
      - Any other outdoor gathering is permitted to have up to **50 people**. A COVID-19 Safety Plan is **not** required for this type of gathering.
      - Unvaccinated children 15 and under may participate in outdoor public gatherings for sport and exercise and count towards the total number of people.
      - A child (15 years and under) is **not** required to be accompanied by an adult member of the household. All adults attending the gathering must be fully vaccinated.
    - **Indoor recreation facilities (excluding indoor pools)**
      - For fully vaccinated adults (aged 16 years and over), children under the age of 16, and people who have been issued with a medical contraindication certificate compliant with the Public Health Order:
        - Gym classes and dance classes remain capped at **20 people**.
        - Masks must be worn at all times during gym and dance classes
        - The maximum capacity at an indoor recreation facility is **1 person per 4 square metres**.
        - There is no limit on gathering sizes for other activities within an indoor recreation facility except for gym and dance classes (noted above).
        - Masks must still be worn when not participating in exercise.
        - A child (15 years and under) is **not** required to be accompanied by an adult member of the household. All adults attending an indoor recreation facility must be fully vaccinated.
        - Facility operators must have a 'Gyms and indoor recreation' [COVID-19 Safety Plan](#) in place.
      - **Indoor pools**
        - For fully vaccinated adults (aged 16 years and over), children under the age of 16, and people who have been issued with a medical contraindication certificate compliant with the Public Health Order:
          - Indoor pools are permitted to be open for swimming lessons, squad training, lap swimming, and rehab activities.
          - Public swimming pools (both outdoors and indoors, but not natural swimming pools) in the general area will need to use the updated [Gyms and indoor recreation COVID-19 safety plan](#)

We will continue to monitor State Health Updates and will update everyone should this advice change.

- To view the latest media release: [CLICK HERE](#)
- To view the full restrictions: [CLICK HERE](#)
- Get proof of COVID-19 vaccination: [CLICK HERE](#)

Please stay safe and if you have any queries do not hesitate to contact me.

Kind regards



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