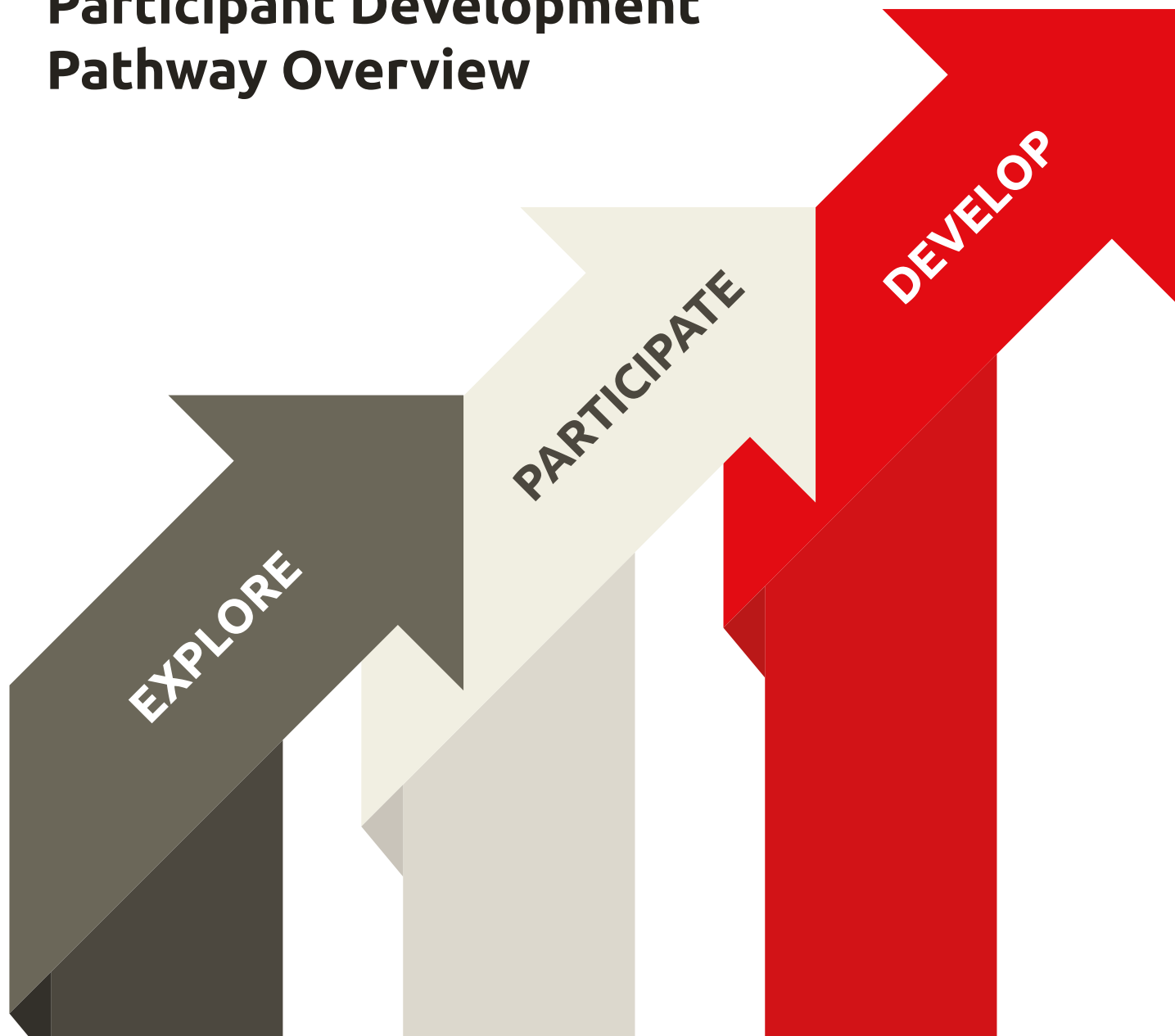


Special Olympics Australia Participant Development Pathway Overview



Develop Phase

Commitment to sport specific training and competitions.

- ✓ The Develop phase is characterised by an increase in participant commitment to Special Olympics Australia sports training, sport specific skill development and formal engagement in local and state competitions.
- ✓ Athletes in this phase of development aim to improve their performance and work towards participation in national and international competitions.
- ✓ In all cases, foundational skills developed in the Explore and Participate phases are now applied within the constraints or conventions set by Special Olympics Australia competition rules and regulations and the movement skills become more specialised to the individual sporting disciplines.
- ✓ Participants may remain in the Develop phase for a life time as they continually strive to achieve their personal best.
- ✓ The quality of the athlete support environment is critical in this phase of development in order to reduce dropout and underachievement. Given the lack of suitable support often provided to athletes at this stage of development, it represents a fertile area for future investment.



Key Motivators

Participation for wellbeing, fun, fitness and challenge - fundamental movement and sport specific skills and competition experiences.

Key Drivers

Clubs, coaches, fellow competitors, self, parents / carers, Special Olympics Australia state and territory committees

Special Olympics Australia Programs

Special Olympics Australia club training

Special Olympics Australia Events

State Games, Junior National Games, National Games, Invitational Games and International competitions (e.g. Asia Pacific Games and World Games).







Australian Physical Literacy Framework Alignment:

Stage 2 – Acquisition and Accumulation
and/or

Stage 3 – Consolidation and Mastery

(at this stage a person is frequently practicing and refining their capabilities for movement and/or able to perform and analyses their capabilities for movement)

Special Olympics Australia Coach Accreditation Level	Broad Descriptor	SOA PDP Phase	Special Olympics Australia Coach Accreditation Requirements	Recommended
 <p>Explore Coach</p>	<p>Coaches of entry level participants and those engaged in the Special Olympics Australia Young Athletes and Community Sports Programs.</p>	<p>EXPLORE</p>	<p>Young Athletes Coaches</p> <ul style="list-style-type: none"> • Young Athletes Coach Accreditation Course (online). • Developing Physical Literacy for Athletes with an Intellectual Disability (online) <p>Community Sports Coaches</p> <ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Participation Coach</p>	<p>Coaches of entry level participants actively participating in Special Olympics Australia club or school environments (recreationally or competitively).</p>	<p>PARTICIPATE</p>	<ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Development Coach</p>	<p>A coach who has chosen a specific sporting discipline/s to coach participants, who are actively competing in a club / state and national Special Olympics Australia events.</p>	<p>DEVELOP</p>	<ul style="list-style-type: none"> • Improving Sport for People with an Intellectual Disability Course (online) • Developing Physical Literacy for Athletes with an Intellectual Disability Course (online) • Current entry level Sport Specific Coach Accreditation in the sports being coached. • For coaches attending international events: Special Olympics World Games Preparation Training Program (online) 	<p>Special Olympics Australia Introduction to Autism Spectrum Disorder Course (online).</p> <hr/> <p>Practical workshop</p>
 <p>Coach Developer</p>	<p>A practical workshop facilitator and coach mentor supporting coaches with their delivery.</p>	<p>ALL</p>	<p>Special Olympics Australia Coach Developer Training Program (on-line + practical workshop).</p>	