

Athlete Leadership

ATHLETE INFORMATION SHEET

BECOME A SPECIAL OLYMPICS ATHLETE LEADER

Special Olympics Athlete Leadership empowers athletes to develop leadership skills and utilise their voices and abilities to undertake meaningful leadership roles to influence change to create inclusive communities across the world.

Athlete Leadership provides athletes with the opportunity to develop their leadership skills and self-advocacy through training workshops and practical community placements in roles of responsibility. In addition, athletes will be able to work with a mentor to gain feedback and advice on the training's coursework and placements.

Once an athlete has completed the Athlete Leadership training, they will become a recognised Special Olympics Athlete Leader, and can participate in a variety of leadership positions with Special Olympics and beyond.

Who can get involved?

Athlete Leadership is open to registered Special Olympics athletes who meet the following criteria:

- Have been registered for at least twelve months
- Be 18 years old or over
- Be interested in developing personal and professional leadership skills
- Be willing to identify as having an intellectual disability
- Be willing to be a Special Olympics ambassador in Western Australia as a graduated Athlete Leader
- Commit to attending all the components of the course including the two face-to-face workshops (as indicated on the 2022 Athlete Leadership Training Schedule below)
- Be willing to work closely with an experienced mentor who may be a new person
- Be competent or willing to learn how to use technology to complete training modules

If for any reason you do not meet the above criteria and you'd like special consideration, please contact info.wa@specialolympics.com.au.

Enrolment fee

Registered Special Olympics Western Australia athletes are invited to participate in Athlete Leadership free of charge. Kindly note, travel to and from the sessions needs to be arranged by the athlete or guardian.

Enrolment process

Athletes interested in participating in Athlete Leadership in 2022, will need to complete the Athlete Expression of Interest Form and return it to Special Olympics Western Australia by **Saturday 30 April 2022**.

There are two options on how you can complete the Expression of Interest Form.

1. Online form – apply via this link: <https://forms.office.com/r/1DayqMsvty>
or scan this QR code



2. Manual form – complete and return this form to info.wa@specialolympics.com.au
or post to Special Olympics Western Australia
City West Lotteries House
Unit 6, 2 Delhi Street
West Perth, 6005

Applications must be received no later than **Saturday 30 April 2022**.

Accommodation and travel

If you are required to travel to attend any component of Athlete Leadership, please contact the Special Olympics Western Australia Team to discuss the additional support that can be provided to you. Please email us on info.wa@specialolympics.com.au.

2022 Athlete Leadership training schedule

Component	Topics	Date	Time	Format
Session 1	Introduction to Athlete Leadership	28 May	10:00am – 3:00pm	In-person Workshop
	Understanding Leadership			
	Unified Leadership			
Session 2	Understanding Emotions	12 June	5:00pm – 6:00pm	Online Workshop
	Engaging with Others			
Session 3	Managing Time	10 July	5:00pm – 6:00pm	Online Workshop
	Leading Discussions			
Session 4	Personal Skills	14 August	5:00pm – 6:00pm	Online Workshop
Session 5	Professional Skills	11 September	5:00pm – 6:00pm	Online Workshop
Session 6	Engaging the Community	2 October	5:00pm – 6:00pm	Online Workshop
Session 7	Storytelling	13 November	5:00pm – 6:00pm	Online Workshop
Session 8	Leadership Presentation & Reflection	10 December	10:00am – 3:00pm	In-person Workshop

Further support

Any questions? Please get in touch with Special Olympics Western Australia via email at info.wa@specialolympics.com.au.