

## Club Requirements for Return to Sport

These areas of operation for clubs should be given consideration as part of a club's plan to return to sport. All clubs should consider the actions set out in each level and consider the framework for Special Olympics Australia's return to sport is the health, safety and wellbeing of our community, especially athletes.

Each club should conduct the following actions to allow a return to training at Level B and Level C:

Area	Club Requirements (for activities under Level B)	Club Requirements (for activities under Level C)
Approvals	<ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of community sport.</li> <li>• Relaxation of localised public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training at venue.</li> <li>• Special Olympics Australia approval of return to training.</li> <li>• Club committee has approved return to training for club.</li> <li>• State committee has been informed of plan to return to sport.</li> <li>• Insurance arrangements confirmed to cover training.</li> </ul>	<ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Continued Local government/venue owner approval to training/competition at venue, if required.</li> <li>• Special Olympics Australia approval to return to training and competition.</li> <li>• Club committee has approved return to competition for club.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>
<ul style="list-style-type: none"> <li>• Personal Health</li> </ul>	<ul style="list-style-type: none"> <li>• Recommend a graded return to sport to avoid injury.</li> <li>• Advise all players, coaches, volunteers that they are not to attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing, no shared uniforms).</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>

## FOR CLUBS

Area	Club Requirements (for activities under Level B)	Club Requirements (for activities under Level C)
Training Process	<ul style="list-style-type: none"> <li>• Ensure all sports are adhering to “Get in, train, get out” policy.</li> <li>• Recommend coaches review of length and scheduling of training sessions to reduce overlap.</li> <li>• Only small groups permitted for all club activities. Maximum number of persons as advised by your State/ Territory authority</li> <li>• No contact including high fives, hand shaking, no socialising or group meals.</li> <li>• Circulate correct conduct of hygiene principles such as sanitising requirements, hand washing and treatment of shared equipment.</li> <li>• Provide cleaning equipment for treatment of shared sporting equipment E.g. alcohol-based sanitiser, wipes, sanitise equipment before, during, after sessions.</li> <li>• Personal hygiene encouraged.</li> <li>• Guidance for travel arrangements for athletes with special travel arrangements. E.g. physical distancing on public transport, limit car pool, taxi, Uber use.</li> <li>• Ensure training attendance register is kept.</li> </ul>	<ul style="list-style-type: none"> <li>• AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.</li> <li>• For larger team sports, consider maintaining some small group separation at training.</li> <li>• Limit unnecessary social gatherings.</li> <li>• Access to treatment from support staff.</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Treatment of shared equipment continues from Level B.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Training/playing attendance register kept.</li> </ul>
Personal Health	<ul style="list-style-type: none"> <li>• Recommend a graded return to sport to avoid injury.</li> <li>• Advise all players, coaches, volunteers that they are not to attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing, no shared uniforms).</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>
Hygiene	<ul style="list-style-type: none"> <li>• Adopt safe hygiene protocols</li> <li>• Distribute information and posters for safe hygiene</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>

## FOR CLUBS

Area	Club Requirements (for activities under Level B)	Club Requirements (for activities under Level C)
Communication	<ul style="list-style-type: none"> <li>• Communicate to athletes, coaches, members, volunteers and families the return to training protocols including hygiene protocols. This is to be done in the clubs preferred format for intra-club communication.</li> <li>• Reinforce hand washing and general hygiene etiquette.</li> <li>• Endorse government COVIDSafe app and encourage athletes, coaches, members, volunteers and families to download and use app.</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>
Facilities	<ul style="list-style-type: none"> <li>• Verify availability of facilities and their adherence to all Level B restrictions.</li> <li>• Ensure coaches have provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand requirements for return to full use of Club facilities.</li> <li>• Requirements continue from Level B.</li> </ul>
Management of unwell participants	<ul style="list-style-type: none"> <li>• Provide protocol for management of illness to all coaches, volunteers.</li> <li>• Implement protocol for management of illness, if required.</li> <li>• Remind all participants to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>

# PROTOCOL FOR MANAGEMENT OF ILLNESS

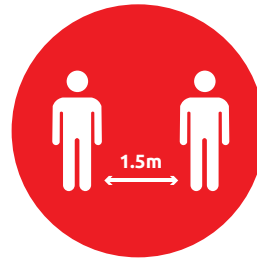
## Prevention



Complete attendance register



Practice personal hygiene



Enforce physical distancing



Sanitise shared equipment

## Management

If someone feels ill...



Do not attend training



Advise your coach and or carer



Seek appropriate medical treatment



Obtain medical clearance before returning



Follow Government guidelines for isolation, if required



# PROTOCOL FOR MANAGEMENT OF ILLNESS

## If someone tests positive for COVID-19?

If an athlete tests positive for COVID-19, **within 24 hours of notification**, the athlete or parent/ carer must:

1. Inform carer or support workers of positive COVID-19 test.
2. Inform Special Olympics Australia Club Coach of positive COVID-19 test.
3. Remain in your home or accommodation until Public Health officers advise that it is safe to return to normal activities.
4. Follow Government guidelines for isolation.
5. Obtain medical clearance prior to returning to Special Olympics events.

If a coach, official or spectator tests positive for COVID-19, **within 24 hours of notification**, the participant must:

1. Follow same steps outlined for 'If an athlete tests positive' from Step 2...

When a Coach is informed of a positive COVID-19 case, the coach must:

1. Respect privacy laws and adhere to member protection policy.
2. Inform the Club Sport Coordinator.
3. Inform all attendees of any impacted training sessions. This includes:
  - a) Other Special Olympics athletes
  - b) Officials
  - c) Parents, carers or support workers
  - d) Venue manager

When a Club Sport Coordinator is informed of a positive COVID-19 case, the Club Sport Coordinator must:

1. Respect privacy laws and adhere to member protection policy.
2. Inform the Club Leadership Team.
3. Confirm with the Coach that all attendees and potentially impacted athletes have been informed.
4. Shut down the impacted sport training for a minimum of 14 days.
5. Advise all persons from the impacted sport they must receive a medical clearance prior to returning to sport.
6. Advise the State Sport Coordinator of positive case and that sport has been shut for 14 days

# PROTOCOL FOR MANAGEMENT OF ILLNESS

When a Club Leadership Team is informed of a positive COVID-19 case, they must immediately:  
Advise the Special Olympics Australia General Manager, Operations Gareth Hogan.

**Gareth Hogan**

0477 749 947

[garethh@specialolympics.com.au](mailto:garethh@specialolympics.com.au)

## ***An Important Note***

*Be aware of member privacy when disclosing information. The name of the athlete or participant does not need to be announced, only that a suspected or confirmed case of COVID-19 has occurred at a training session.*

*Contact is considered to have occurred within the period extending 48 hours before onset of symptoms in the patient, until the patient is classified as no longer infectious by the treating team (usually 24 hours after the resolution of symptoms).*

# CLUB CHECKLIST

27 June onward

- State/Territory Government approval of the resumption of community sport.
- Relaxation of public gathering restrictions to enable training to occur.
- Local government/venue owner approval to training at venue.
- Ensure venue promotes good personal hygiene in facilities with posters.
- Ensure participants are aware of any health screening measures for entry into training facilities.
- Special Olympics Australia approval of return to training for community sport.
- Club committee has approved return to training for club.
- Insurance arrangements confirmed to cover training.
- Emphasise principle of "Get in, train, get out" to all participants.
- Provide guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use).
- Advise all participants to not attend if unwell.
- Adopt safe hygiene protocols for all club events.
- Encourage all participants to use government COVIDSafe App.
- Not more than one parent/carer to attend with each athlete.
- Parents/carers/spectators to observe physical distancing requirements (more than 1.5 meters)
- The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.